

FIRST WEIGH-IN JAN. 30TH (MANDATORY!)

It's BACK...

LOSE!
to WIN!

**Be Florence's
Biggest Weight
Percentage Loser**



Over \$1000 in Prizes & Gifts!
FREE ENROLLMENT
14-Week Contest • January 30-May 8, 2019

Only your weight loss percentage will be published

Weigh in each week at
COASTAL FITNESS & AQUATICS
Each Wednesday, Jan. 30-May 8, 2019
7:30am-9am and 4:30pm-6pm

Weekly leaders in each category (male & female) will be
pictured in the Saturday edition of the Siuslaw News
and online at *thesiuslawnews.com*.

- **Learn Healthy Weight Loss Steps**
- **Look Good - Feel Good**

CONTEST INFORMATION LINE: 541.997.3441

Siuslaw News
148 Maple St., Florence
541-997-3441

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 **PeaceHealth
Medical Group**
www.peacehealth.org/phmg/florence


**Coastal
FITNESS
& AQUATICS**
2285 Hwy. 101, Florence
541-997-8086

FREE CONTEST PARTICIPATION • REGISTRATION FORM

Registration is **FREE**. Contestants must be a minimum of 18 years old or with parental consent and sign a waiver form to participate.

Name: _____

Address: _____

Phone: _____

Email: _____

Are you a subscriber of the Siuslaw News? YES NO

Your registration form must be received at the Siuslaw News, by 5pm January 22nd.
148 Maple Street,
Mail: PO Box 10, Florence, OR 97439
Fax: 541-997-7979
or via our website
www.thesiuslawnews.com

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Face Photo # _____ Full Portrait Photo # _____ Disclaimer Signed YES NO